

## Lifeguard Training February 19 thru 23, 2018 March 19 thru 23, 2018 G. W. Henderson, Sr. Aquatic Center



## Lifeguard Training/CPR/First Aid/ AED

This American Red Cross certification course trains swimmers to become lifeguards. It covers the skills and knowledge required for effective lifeguarding at swimming. If you are 15 or older and looking for a great summer job or a challenging career that's in demand, the Red Cross Lifeguarding program is the best place to start. Lifeguarding lets you work as part of the team to help people safely enjoy the water. Prepare yourself to work at the your local community pool with Red Cross Certification that is recognized nationwide.

Course Length: 20 Hours

Pre-requisites: Swim 300 yards/Tread water for 2 minutes using legs only & Dive to 10 ft depth and retrieve 10 pound brick

Fee: Resident \$150 Non-Resident \$175

Schedule time 3pm to 7pm each day

## **Certifications Earned Upon Successful Completion**

American Red Cross Lifeguard Training (valid for 3 years) American Red Cross CPR/AED for the Professional Rescuer (valid for 2 year) American Red Cross First Aid (valid for 2 years)

For more information or to Register, please contact

Anthony Allison, Aquatics Coordinator or the Aquatic Center at 1165 Abbay Drive, Tunica, MS 38676.

662.357.0523 ext 2200 or by email at anthony.allison@tunicagov.com



